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Bangalore Mirror

TEMP Max 30 | Min 21 | Humidity 83% Generally cloudy sky with Light rain Sensex 81,053 | Nifty 24,811 | Gold 72,870 | Silver 84,900 | Dollar 83.95 | Euro 93.27 | GBP 106.65

Though noise pollution data by state pollution board shows residential areas and silent zones have become quieter over last 2 years, number & location of city's monitoring stations said to be not ideal

A PLACE OF DISQUIET

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According to noise pollution data gathered by the Karnataka State Pollution Control Board (KSPCB) in July, residential areas and silent zones in the city have become quieter over the last couple of years.

The daytime average decibel levels in silent zones and residential areas ranged between 58 dB and 71 dB. Similarly, the daytime average decibel levels in these areas ranged between 50 and 70 dB. Out of all residential and silent zones being monitored by KSPCB – NIMHANS, RVCE Mysore Road, Domlur, BTM Layout, and SG Halli –

CONTINUED ON PAGE 6 »

Under the weather

Even dip in dengue cases is not letting officials breathe a sigh of relief as they have to keep an eye on number of Zika cases now

CITY PAGE 6

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3 To 10 November After Diwali Tours A2A

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3 THINGS TO DO

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02 Senior citizens job fair

Nightingales Medical Trust, in collaboration with St Joseph's University and Rotary Bangalore West, proudly presents a free job fair dedicated to empowering senior citizens (ages 55-70). Explore opportunities in fields such as administration, insurance, engineering, telecalling, advertising, PR, HR, data entry, consulting, supervisory roles, reception, store staff, social work, accounts, teaching, marketing, sales, freelance jobs, and much more. To join, register at https://forms.gle/sYHn4YM77FrC3who7. More details are at http://www.nightingalesjobs60plus.com.
Where: St Joseph's University, Langford Town
When: August 25, 10 am to 4 pm

03 Laugh out loud

Join in for a night filled with laughter with Abish Mathew. Renowned for his unique brand of humour and dynamic performances, Abish is all set to entertain audiences with his signature wit, hilarious original songs, improv, and stand-up routines. This show offers a perfect blend of humour, music, and entertainment. Whether you're a long-time fan or new to his comedy, Mathew's live performance is an experience you won't want to miss. **Where: Fan Park, Phoenix Mall of Asia**
When: August 24, 7 pm onwards

Registrars sent back to their parent department

6 Registrars are reassigned to their parent institutions in phase one; vice chancellors instructed to manage these positions with interim arrangements

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The Higher Education Department has reassigned professors who were holding the position of Registrar (Evaluation), which is in violation of the Karnataka University Act, back to their parent departments. In the first phase, six such registrars have been transferred back. The department is now gathering information about professors at other universities.

Previously, the Higher Education Department had reallocated 79 faculty and non-teaching staff who were working on assignments within the department back to their respective universities, thus streamlining administration. The department is now continuing its efforts by formally removing the registrars who were unlawfully in their positions.

The Karnataka State Universities Act of 2000 stipulates that an individual appointed as a Registrar (Evaluation) must be a full-time officer of the university. According to Section 18(1) of the said act, the state government is allowed to appoint an officer from Group 'A' senior Karnataka Administrative Service (KAS) or a senior member from any university's academic department.

'Despite regulations, some professors, who were not senior members of the academic departments, have successfully held the Registrar (Evaluation) positions due to influence'

Unfair practices

Sources said that despite regulations, some professors, who were not senior members of the academic departments, have successfully held these positions due to influence. The Higher Education Department has now removed individuals who were unlawfully appointed and has issued orders for immediate compliance. Previously, senior professors from within the universities were appointed to administrative and evaluative positions. However, due to questions about their administrative efficiency, amendments were made in 2017 to appoint senior KAS or IAS (Karnataka Administrative Service) officers. Despite this, a professor was appointed to the administrative position at Bangalore University, which led to disputes between the ministers and the Department of Public Administration (DPA). The appointment of senior professors to evaluative roles is still continuing.

Reassignment instructions

The department has further instructed that, only after being released from their positions, these professors submit their reports to their respective parent departments. A search committee will be formed for the appointment of vice chancellors, with final decisions resting with the Governor. Until suitable candidates are appointed by the department for the vacant positions of evaluators, the vice chancellors are instructed to manage the positions with appropriate interim arrangements.

Institutions affected

Professors who had been unlawfully appointed as evaluators in institutions such as Kodagu University, Bengaluru North University, Mandya University, Haveri University, Bengaluru City University, and Bagalkot University have been reassigned to their parent institutions.

When contacted, Higher Education Minister Dr MC Sudhakar said, "We have removed those who were unlawfully appointed as evaluators in violation of regulations. Given the petitions for reinstatement based on their previous appointments, we have decided to eliminate these illegal appointments."

Global conference highlights rural women's resilience in agribusiness

Women in rural areas have extraordinary resilience, as despite numerous challenges, they adeptly manage multiple responsibilities and persevere through difficult conditions, said K Ratnaprabha, former Chief Secretary, Government of Karnataka, and founding chairperson of UBUNTU Consortium.

Speaking at the Global Conference on Women in Agribusiness, part of Agritech India 2024, at BIEC on Thursday, Ratnaprabha, who leads the UBUNTU consortium, stressed the significant role of women in agriculture. She noted their involvement in traditionally male-dominated tasks, such as driving tractors and engaging in labour-intensive roles.

Ratnaprabha shared observations from remote regions in Karnataka, where women often endure strenuous labour while men may misuse their earnings, leading to domestic issues.

The consortium's efforts to support women entrepreneurs across India, from major cities to rural areas, were highlighted, with Ratnaprabha expressing pride in the many women who set up stalls to showcase their accomplishments.

Dr Sridevi Annapurna Singh, Director of the Central Food Technological Research Institute (CFTRI), discussed the pivotal role women play in the food industry. She emphasised that the expanding food processing industry in India presents significant opportunities for women and stressed the importance of understanding key trends like convenience, nutrition, health, and circular economies to succeed in the food business.

Gender dynamics in entrepreneurship

Ewout de Wit, Consul General of the Kingdom of the Netherlands for South India in Bengaluru, highlighted that among the 2.3 million entrepreneurs in the Netherlands, 36 per cent are women, with women accounting for 38 per cent of new entrepreneurs. Despite these encouraging figures, Dutch women predominantly start businesses in the health and welfare sectors rather than agriculture. De Wit underscored the importance of conferences like this one for learning and sharing knowledge

on integrating women into the agricultural industry.

Sanjay Dave, former Chairman of CODEX and advisor to FSSAI, identified a significant gap between food technology and business on a global scale. He noted that while every country strives to enhance its food exports, there is often a lack of food safety services. **— BMB**

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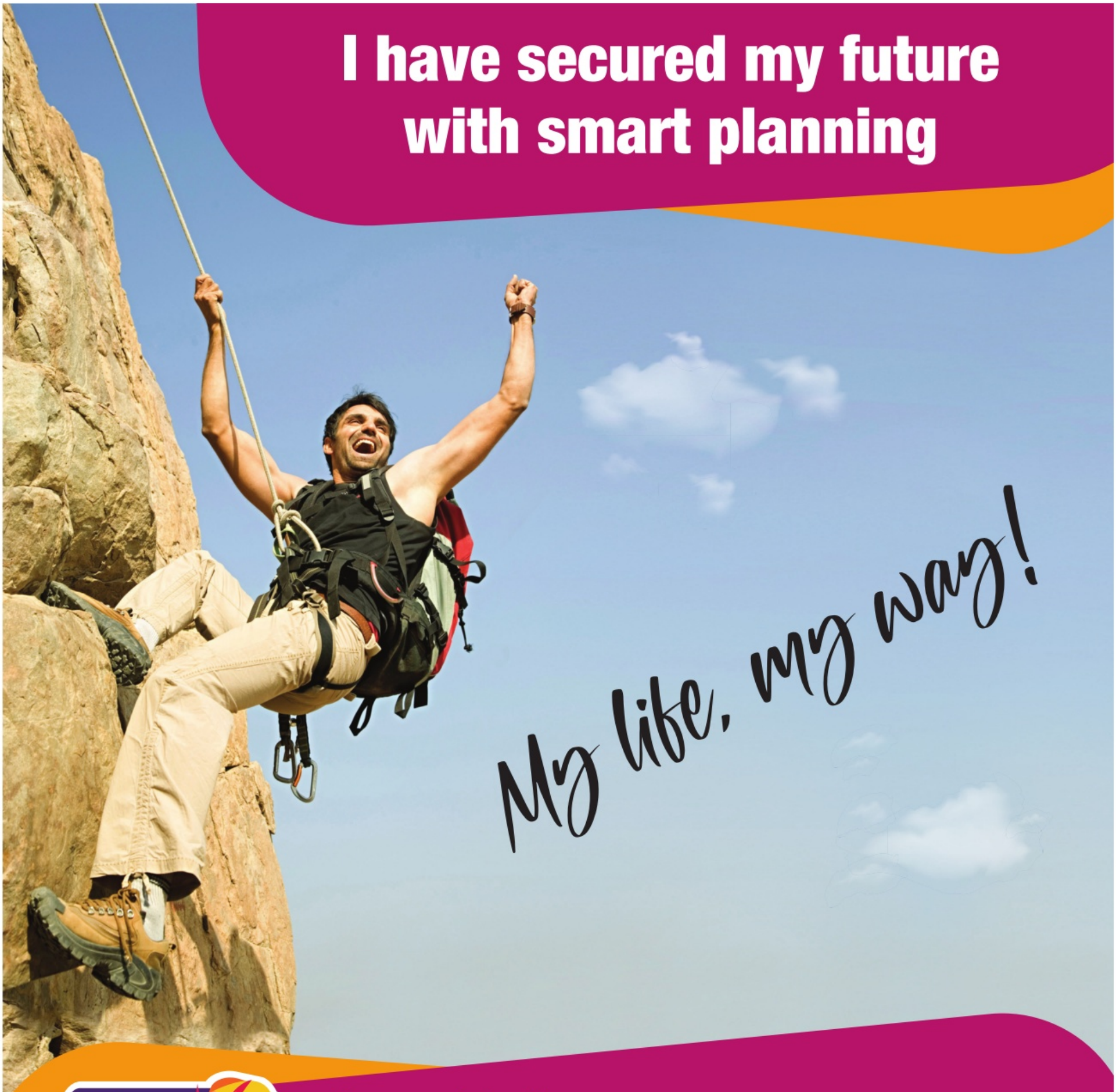

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‘Inevitable’ water bill hike looms for B’luru

Deputy CM DK Shivakumar confirms need for tariff increase due to BWSSB’s financial struggles and rising power bills, despite ongoing resistance to privatisation

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As the Bangalore Water Supply and Sewerage Board considers a tariff hike, prepare for higher water bills. Deputy Chief Minister and Bengaluru Development Minister DK Shivakumar confirmed the need for this increase due to BWSSB’s financial challenges. “There has been no water tariff hike in the last 12-13 years. The BWSSB is managing its finances with great difficulty,” Shivakumar said on Thursday, following the launch of the ‘Cauvery Water at Your Doorstep’ campaign. He emphasised that a tariff hike is “inevitable” and will proceed despite any opposition.

Shivakumar explained the urgency, stating, “It is imperative to supply water to Bengaluru’s 140 crore people. It is challenging to achieve this without investing in an expanded distribution network. Without a tariff hike, the BWSSB might collapse, and supporting its employees could become unfeasible.” The BWSSB is struggling to cover its electricity bills, which have surged significantly in the past 14 years. To address this, the government is considering a captive power generation facility to reduce utility costs across Bengaluru.

Soaring power bills strain BWSSB budget

Officials from the BWSSB have reported a dramatic rise in their monthly power bill, which has jumped by Rs 10 crore. Water is being pumped from TK Halli, Harohalli, and Tataguni pumping stations, leading to a total power bill increase from Rs 78 crore to Rs 88-90 crore. A BWSSB official highlighted the challenge, stating, “We supply Cauvery water to 10.5 lakh houses, generating Rs 110 crore in revenue. However, the soaring power bills are consuming the majority of our funds, leaving us with limited resources for salaries and maintenance.” Given these financial pressures, a water tariff increase is seen as the only viable solution, although this has faced resistance.

Resistance to privatisation of BWSSB

Regarding the ongoing debate over privatisation, Shivakumar firmly rejected any such proposals. “Many proposals for the privatisation of BWSSB have been made, including from companies like Adani, which have taken over utilities in cities like Mumbai. But I have made it clear that I will not allow the privatisation of public utilities”, he said. Reflecting on past experiences, he recalled, “SM Krishna sent me abroad to study water utility privatisation in countries like France. Upon returning, I advised that privatisation was not a viable option. BWSSB has excellent engineers, and private firms would end up using the same personnel at higher costs. Consequently, the privatisation proposals were rejected.”

To sustain water supply and prevent BWSSB collapse, Bengaluru is considering a tariff hike and captive power generation

Karnataka cabinet greenlights city’s major projects

Bengaluru’s tunnel, sky deck, and LED upgrade have been approved; these developments will improve connectivity, establish landmarks, and enhance street lighting

The state cabinet has approved a major infrastructure project: an underground vehicular tunnel from Esteem Mall near Hebbal to Silk Board junction. The ₹12,690 crore project, costing about ₹705 crore per kilometre, will initially build an 18.5-kilometre double-decker tunnel. A ₹9.45 crore detailed project report (DPR) is expected by September, after which tenders will be issued for construction.

Tunnel design and connectivity

The tunnel will include multiple entry and exit points at Esteem Mall Junction, Aramane Road, Golf Course Road, Ashoka Pillar in Jayanagar, and Silk Board Junction. It will feature one-way traffic on both the lower and upper levels, connecting key areas such as Mehkri Circle, Aramane Road, Golf Course Road, Chalukya Circle, Cubbon Park, KH Road, Lalbagh, and Jayanagar.

Sky deck project: A new landmark

In addition to the tunnel project, the cabinet approved the construction of a sky deck on a 25-acre site near the NICE Road Cloverleaf Junction. This ambitious project, estimated to cost ₹500 crore, will feature a design inspired by the Shanghai Tower. The Bruhat Bengaluru Mahanagara Palike has engaged an Austrian firm to prepare a detailed project report (DPR) for this sky deck.

LED street lights initiative

The cabinet has approved a major upgrade to the city’s street lighting with a ₹684.34 crore project to replace all street lights with energy-efficient LED lamps. Currently, the BBMP manages over 500,000 street lights, leading to an annual electricity bill of about ₹300 crore. The switch to LEDs is expected to save the municipality the same amount annually. The project, divided into four packages, will cover East, Bommanahalli (partially), West, Yelahanka, Dasarahalli, Rajarajeshwarinagar, and South zones, but not Mahadevapura. The aim is to improve safety and eliminate darkness in these areas.

Uniform land valuation for TDR

The cabinet has introduced measures to address land valuation inconsistencies for development projects. For agricultural land converted to non-agricultural use, the municipality will cover conversion costs, development fees, and statutory charges. The land will then be registered, and Transferable Development Rights (TDR) or Development Rights Certificates (DRC) will be issued according to residential rates set by the Registration and Stamps Department. Similar procedures will apply for conversions to residential, industrial, or commercial uses. For land converted without an approved ‘A’ khata or layout from the BBMP, TDR/DRC will be issued based on developed rates.

Additionally, fees collected by the municipality must be paid to the relevant authorities within seven days. — BMB

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Broken footpath

Museum Cross Road

The broken footpath on Museum Cross Road poses a hazard for pedestrians.

Damaged road

Doddakallsandra

The road near Mantri Serenity, close to Doddakallasandra metro station, is riddled with potholes and in poor condition.

Signal hazard

Nanjappa Circle

The traffic signal at the junction connecting Kadidal Manjappa Road from Nanjappa Circle is in a hazardous condition, with the signal light precariously positioned.

Gauri Lankesh case: SC upholds accused's bail

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The Supreme Court dismissed a special leave petition (SLP) on Wednesday, seeking the cancellation of bail for Mohan Nayak N, an accused in the murder case of journalist and activist Gauri Lankesh. Lankesh was shot dead in front of her Bengaluru residence on September 5, 2017, and the police have arrested 18 individuals in connection with the case, including Nayak, who was arrested on July 18, 2018.

Kavitha Lankesh, Gauri's sister, filed the SLP challenging the HC's bail order dated December 7, 2023, for accused number 11 (Nayak), which was garnted after considering that he had been in jail for five years and only 90 out of 527 chargesheeted witnesses had been examined.

Senior Advocate Siddharth Luthra, representing the state, informed a bench of Justices Bela M Trivedi and Satish Chandra Sharma that the prosecution had examined 137 witnesses so far. Additionally, 137 witnesses had been dropped, and the prosecution was likely to drop 150 more witnesses, leaving only 100 witnesses to be examined. The Court acknowledged the undisputed fact that Nayak had cooperated with the trial and had not requested any adjournments, based on which it refused to interfere with the HC's bail order. However, it noted: "It goes without saying that if the respondent – accused does not cooperate or asks for unnecessary adjournment or commits breach of any condition, the State of Karnataka or the complainant shall be at liberty to apply for cancellation of bail, and if any such application is filed, the same shall be decided on its own merits and in accordance with law." It directed the trial court to expeditiously conduct the trial and instructed all parties to cooperate with the trial court in concluding the proceedings.

Gift deed ruling: HC affirms children's obligation to support parents in old age

The Karnataka High Court has ruled that when parents transfer property to their children as a gift, it can be reasonably expected that the children will take care of their parents' needs in their old age, even if this expectation is not explicitly mentioned in the gift deed. The ruling was made by a single judge bench of Justice Suraj Govindaraj while setting aside an order passed by the Assistant Commissioner, which rejected an application made by a woman who sought to void a gift deed executed in favour of her son after he failed to provide for her and her husband's welfare and basic needs during their old age. The court declared the gift deed void and ordered the son to return the property to his mother within 60 days. The court also clarified that it is not necessary for the donor or releasor to be a senior citizen on the day the gift or release is executed. -BMB

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Proceedings against Priyank Kharge halted

The Karnataka High Court has temporarily halted all proceedings against State Minister of Electronics and IT/BT Priyank Kharge in a case (Priyank Kharge AND State of Karnataka) related to a protest march in 2022. The march, which took place in Bengaluru, demanded the resignation of the then Rural Development and Panchayat Raj Minister, KS Eshwarappa.

Justice M Nagaprasanna, presiding over a single judge bench, issued an interim order staying all proceedings. The court noted that the co-accused in the case had previously sought to quash the proceedings before the HC, but their plea was dismissed. However, the Supreme Court later stayed the dismissal. Considering the interim order granted by the SC to the co-accused, the HC decided to stay the proceedings against Kharge as well. -BMB

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SANDUR KUSHALA KALA KENDRA (Karnataka) - Lambani
ELAN (Kolkata) - Ajrakh, Dabu on Tussar sarees
NAVA (Kolkata) - Jamdani Dresses, Leather Purse
SRI GOVIND ART (Rajastan) - Bagru, Sanganeri Yardage
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Rising Zika cases in state cause worry

Dengue cases reduced from 300 a day to 95 in B'luru, while K'taka records nine Zika cases, officials on stringent watch

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While the Dengue cases are decreasing, there is a fear of increasing Zika virus. Bruhat Bengaluru Mahanagara Palike, Chief Commissioner Tushar Giri Nath said, "We have been observing the trend that the Dengue cases are decreasing on a daily basis. Bengaluru which used to record 300 Dengue cases a day is currently seeing cases of 90 to 95 cases a day. We have asked officials to take further measures to reduce the Dengue numbers further." However, the detection of six Zika virus cases in Jigani (which comes under Benglauru Urban health division jurisdiction) has made authorities worried. So far, the state has identified nine cases of the Zika virus, with three cases in Shivamogga and six in Bengaluru's Jigani area. Five of these cases involve pregnant women. Health Minister Dinesh Gundu Rao said, "Though there is nothing much to worry as all those who have been affected by Zika are stable, there is a need for focussed care for these individuals. We recommend enhanced testing for those who have been in contact with the infected and increased surveillance in the Jigani area."

Examining the Dengue spread in the city over the past decade reveals a highly fluctuating pattern of cases, reflecting significant variability and occasional outbreaks. In 2014, the BBMP reported 823 dengue cases with no fatalities. This number rose by 51.7% in 2015, reaching 1,249 cases. The following year, 2016, saw a sharp decline of 51.7%, with cases dropping to 604. This reduction was short-lived, as 2017 witnessed an alarming 1,065% increase, with reported cases surging to 7,045. This dramatic spike indicates a severe outbreak, likely driven by favourable conditions for mosquito breeding or lapses in prevention measures.

Three cases have been identified in Shivamogga, and six cases have been identified in B'luru's Jigani

> **Though there is nothing much to worry as all those affected by Zika virus are stable, there is need for focussed care for these individuals**
>
> –Dinesh Gundu Rao, Health Minister

The trend showed a slight improvement in 2018, with cases decreasing to 1,266, an 82.1% drop from 2017. However, the respite was temporary, as 2019 saw a sharp resurgence with 9,434 cases, marking a significant 645% increase from the previous year. This resurgence underscores the cyclical nature of dengue outbreaks and the challenges in maintaining effective control measures.

The COVID-19 pandemic in 2020 led to a notable decrease in dengue cases, falling to 1,127, a reduction of about 88% from 2019. The downward trend continued into 2021, with cases rising to 1,629, an increase of 44.6% from 2020, still significantly lower than pre-pandemic levels. The pandemic's restrictions likely contributed to this reduction by limiting outdoor activities and improving sanitation.

However, the pattern shifted again in 2022, with cases increasing to 2,335, a 43.2% rise. This trend of increasing cases continued into 2023, with reported cases reaching 11,136, an alarming 376.3% increase. The rising numbers in 2023 suggest that the city's dengue control efforts may be facing challenges.

In the first half of 2024, Dengue cases were already at 10,175, indicating a potential for this year to record the highest number of cases ever. This recent surge highlights the need for renewed focus on mosquito control and public health measures to address the persistent and escalating threat of dengue.

On the other hand, between 2014 and 2024, Karnataka has witnessed significant changes in Dengue cases, testing, and mortality. In 2014, the state conducted 13,340 dengue tests, reporting 3,358 positive cases and 2 deaths. By 2024, testing increased dramatically to 1,57,120, reflecting a 1,076.56% rise, indicating improved diagnostic capabilities and proactive case identification. On the other hand, deaths due to dengue also rose from two in 2014 to 10 in 2024, a 400% increase, highlighting a concerning trend in disease severity or treatment challenges.

Meanwhile, Rao said, "No monkeypox cases have been reported within the state or country, and no medical emergency has been declared locally. The World Health Organisation has classified the situation abroad as a medical emergency. I have asked the officials to be proactive, ensuring that district hospitals and medical educational institutions are prepared with trained personnel for any potential cases."

No-honking boards ignored by motorists

CONTINUED FROM PAGE 1

BTM Layout turned out to be the noisiest.

In July 2023, daytime and night-time average decibel levels in these areas ranged from 55 to 82 dB and 47 to 82.4 dB respectively. In July 2022, the daytime average decibel levels in these areas ranged between 53.8 and 77.4 dB, and night-time values ranged from 66.5 to 79.6 dB.

However, anti-noise pollution activists in the city say the number and location of KSPCB's noise monitoring stations are not optimal, thus soft-pedaling the issue.

As per the Central Pollution Control Board's (CPCB) specifications, the acceptable noise level (dB) in a silent zone during the day is 50 dB, and during the night is 40 dB. The permissible sound limits are 55 dB for the day and 45 dB during the night in the case of residential areas.

Not the real picture

"Noise pollution in the city has not dropped. Bengaluru is a big and ever-expanding city. Just 10 monitoring stations in such a vast area would not paint the real picture of the problem. The number of stations must be increased and should be located in areas with high vehicular and pedestrian movement that have been left out currently. All major traffic junctions and roads such as Silkboard junction and E-city expressway should have noise monitoring stations," said Raja Kannan, a resident of Begur Kopa Road in Hulimavu and an anti-noise pollution crusader.

> **In Bengaluru, traffic police are taking no steps to curb illegal horns and unnecessary honking. Vehicles drive past traffic police stations using shrill horns and no action is taken. Many a time, traffic police personnel are not aware of the rules**
>
> –Raja Kannan, anti-noise pollution activist

The noise monitoring stations, according to the experts, should be installed in some busy stretches in Whitefield, railway stations such as Cantonment and city railway station, Anand Rao Circle, the city market, Avenue Road, Chickpet, etc., to mention a few.

Metro noise

Citizens that BM spoke to say the issue has been exacerbated after metro stations have come up. Although 'no-honking' sign boards have been put at the elevated stations across the city, more often than not, the rule is not followed by motorists. Pedestrians say while vehicles pass by and honk, the tunneling effect of sound becomes intolerable.

"Motorists honk under the stations despite signboards. This problem will continue unless the offenders are fined," said Divya, a resident of Indiranagar. Anti-noise pollution activists say this combination of lack of sensitivity and enforcement has resulted in the current problem. Zero enforcement of rules by traffic police and pollution control officials is making it worse with each passing day.

"Bengaluru Traffic Police is making no efforts to curb this issue. Some cities such as Mumbai have devised a brilliant solution to reduce noise pollution levels at traffic signals. At a signal in Mumbai, if vehicles start honking once the green light is on, it is turned red by the traffic controller as a form of punishment. Penalties are also imposed in some metros in the country. However, in Bengaluru, traffic police are taking no steps to curb illegal horns and unnecessary honking. Vehicles drive past traffic police stations using shrill horns and no action is taken. Many a time, traffic police personnel are not aware of the rules," added Kannan.

Experts also underline health-related threats due to noise pollution and opine that necessary measures to curb this pollution should be taken in time.

Delivery agent killed in road rage incident, 2 arrested

A 21-year-old delivery executive named Mahesh was killed in a road rage incident in Sapthagiri Layout, Vidyaranyapura, on Wednesday night. Mahesh, a resident of Chamundeshwari Nagar, was riding with two friends, Nikhil and Balaji, when a car driven by Arvind, accompanied by Chennakeshava, began chasing them after a minor altercation.

The incident occurred around 8 pm. Arvind and Mahesh ended up in a chase. As they approached a dead-end, Nikhil and Balaji jumped off the bike, but Mahesh continued to ride. He lost control and crashed into a wall, suffering fatal head injuries. The car also hit a pole near the compound wall. "All three on the motorcycle were not wearing helmets," an official said.

Police have arrested Arvind, an employee of a private bank in Bengaluru, and Chennakeshava, a civil engineer with a real estate firm. The two have been booked under Section 103 (punishment for murder) of the Bharatiya Nyaya Sanhita (BNS). Authorities are continuing to search for Mahesh's two friends, who are currently on the run.

-Atiya firdos

This Ganesha Chaturthi, be more eco-friendly

Karnataka Forest Minister Eshwar B Khandre has suggested forming a committee under the leadership of District Collector to promote eco-friendly Ganapati idols and green firecrackers to celebrate the upcoming Ganesha festival.

He emphasised that POP Ganesha idols, which are harmful to the environment, are being widely used and people should be made aware about the issue.

"The government has banned the manufacture, transportation, sale and stock of POP Ganesha idols and various departments such as transport and police must take coordinated action to prevent POP Ganesha idols from entering Karnataka through neighboring states," said Khandre.

The National Green Tribunal has issued directions in the past regarding water pollution. He also suggested that firecracker shops must be given orders to sell only green firecrackers. –BMB

Under the influence? Traffic police to keep eye out on weekends

Sub-inspectors asked to conduct special operations from Thursday to Sunday, but only at junctions equipped with CCTVs

File photo of motorists being checked for drink driving in Bengaluru

Atiya Firdos
mybangaloremirror@timesofindia.com

TWEETS @BangaloreMirror

In response to the rising cases of road accidents, sexual violence against women and robberies, the City Traffic Police Department has announced a series of stringent measures. Police Sub-Inspectors (PSIs) in traffic stations across the city have been directed to conduct special operations every week to catch motorists driving under the influence of alcohol, with a focus on the weekends from Thursday to Sunday. This development comes close on the heels of a sexual assault case that also involved parties driving/riding under the influence of alcohol.

The Joint Commissioner of Police, Traffic, MN Anucheth has ordered that these checks take place only at junctions equipped with CCTV cameras to ensure transparency and to enhance the integrity of these operations, women personnel should also be mandatorily appointed for the operation.

> **Checks should take place at junctions with CCTV cameras to ensure transparency, women personnel should also be appointed**
>
> –MN Anucheth, Jt Commissioner of Police

Furthermore, to ensure the protection of women, two female officers—one head constable and one constable—will be assigned to each traffic police station. During night shifts, one of these officers will remain at the station while the other will patrol alongside male officers.

1 drink too many

He also pointed out that alcohol consumption is a leading cause of night-time crimes, including riots and sexual assaults. By increasing the number of women officers and conducting regular drunk driving checks, the police aim to prevent such incidents and ensure the safety of women in the city.

These combined efforts by the traffic police are expected to make the city's roads safer and reduce the occurrence of violent crimes.

Fan murder: Bail hearing begins

The bail hearing for Anukumar, an accused in the Renukaswamy murder case, began on Thursday with his defence strongly contesting the charges. Advocate Ram Singh, representing Anukumar, argued that his client had no involvement in the murder, asserting that Anukumar neither assaulted the deceased nor was present at the crime scene.

Ram Singh highlighted that Anukumar's connection to the incident was purely coincidental, stemming from his visit to obtain an autograph from his idol, Darshan. The defence maintained that Anukumar had no intent to kill and even surrendered voluntarily after learning about the case. The advocate further argued that there were no bloodstains found on Anukumar, questioning the applicability of Section 302 in this matter. **–BMB**

Argument turns deadly, claims 1 life

In a tragic incident at Anjanappa Garden in Cotton Town, a man named Sharath was murdered by a person with the same name. The accused Sharath, an auto driver, allegedly stabbed the victim following a heated argument. The altercation began when the victim Sharath reportedly scolded a woman at a house where a death had occurred. The accused, angered by the situation, confronted him, leading to a violent confrontation. The quarrel escalated, resulting in the accused attacking the victim with a knife.

After the attack, the injured Sharath was rushed to Victoria Hospital but succumbed to his injuries during treatment. The accused fled the scene immediately after the incident. The Cotton Town Police have registered a case of murder and are actively searching for the accused Sharath, who remains at large. **–BMB**

CBI & Lokayukta harassing friends, family: Dy CM

Karnataka Deputy Chief Minister and State Congress President DK Shivakumar said on Thursday that his family and friends were being harassed by the Central Bureau of Investigation (CBI) and the State Lokayukta in connection with the disproportionate assets case involving him.

Responding to queries from the media near the Lokayukta office after the inquiry, he said that the Congress-led state government had transferred the disproportionate assets case from the CBI to the State Lokayukta.

However, the CBI has not stopped its investigation and continues to probe the case, the Deputy Chief Minister said.

"More than a hundred of my friends and family members are being harassed a lot. The same is being done by the Lokayukta, and they too are causing harassment," Shivakumar added.

"The Lokayukta has been investigating the case for the past six months. They questioned me for more than two hours. The CBI is no better. The Lokayukta officials are asking strange questions. The CBI hasn't even asked me questions yet, nor have they called me for inquiry even once. But the Lokayukta officials are also causing trouble," he said. "I have answered the Lokayukta's questions. They asked questions to clarify certain issues, and I will submit the relevant supporting documents I have," Shivakumar added.

"They had issued a notice to me to appear for an inquiry on Wednesday (Aug 21). I requested to appear today (Thursday) as I had a programme to offer "Bagina" at the Almatti Dam," he said. Shivakumar has participated in a special worship programme thanking gods for good rainfall in the state.

Asked what documents were requested by the Lokayukta, he said, "I can't reveal all that."

Asked if he would have to appear for another inquiry, Shivakumar said, "I don't know, they will review the answers and documents I have provided and may call me again." **–IANS**

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Order on zomato SWIGGY

Byju's insolvency proceedings: SC refuses to stop creditors' panel meeting

The Supreme Court on Thursday refused to pass an interim order to ensure that the committee of creditors (CoC) does not hold any meeting in pursuance of the insolvency proceedings against embattled ed-tech firm Byju's.

A bench comprising Chief Justice DY Chandrachud and Justices JB Pardiwala and Manoj Misra, however, said it will accord the final hearing in the matter on August 27.

The bench said the developments, which may take place in the meantime, can be negated if it finds there was no merit in the appeal of the US-based creditor Glas Trust Company LLC against the judgment of the insolvency body -- National Company Law Appellate Tribunal (NCLAT).

At the outset, senior advocate Abhishek Singhvi, appearing for Byju's, and Solicitor General Tushar Mehta, representing the Board of Control for Cricket in India (BCCI), said the CoC has been constituted in the meantime and 98 per cent stakes are with the US firm.

Singhvi said the CoC has been set up at 7 pm on August 21 and this is quite unfair and will make the case irreversible.

"This COC could have been constituted tomorrow with the court's permission. This whole thing is done to make my argument irreversible," Singhvi said.

The bench, which did not pass any order, listed the plea for hearing on August 27. **PTI**

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GET NOTICED

Constipation increases your risk of heart attack, new study finds

If you Google the terms "constipation" and "heart attack" it's not long before the name Elvis Presley crops up. Elvis had a longstanding history of chronic constipation and it's believed he was straining very hard to poo, which then led to a fatal heart attack.

We don't know what really happened to the so-called King of Rock "n" Roll back in 1977. There were likely several contributing factors to his death, and this theory is one of many.

But after this famous case researchers took a strong interest in the link between constipation and the risk of a heart attack.

This includes a recent study led by Australian researchers involving data from thousands of people.

Are constipation and heart attacks linked?

Large population studies show constipation is linked to an increased risk of heart attacks.

For example, an Australian study involved more than 540,000 people over 60 in hospital for a range of conditions. It found constipated patients had a higher risk of high blood pressure, heart attacks and strokes compared to non-constipated patients of the same age.

A Danish study of more than 900,000 people from hospitals and hospital outpatient clinics also found that people who were constipated had an increased risk of heart attacks and strokes.

It was unclear, however, if this relationship between constipation and an increased risk of heart attacks and strokes would hold true for healthy people outside hospital.

These Australian and Danish studies also did not factor in the effects of drugs used to treat high blood pressure (hypertension), which can make you constipated.

How about this new study?

The recent international study led by Monash University researchers found a connection between constipation and an increased risk of heart attacks, strokes and heart failure in a general population.

The researchers analysed data from the UK Biobank, a database of health-related information from about half a million people in the United Kingdom.

The researchers identified more than 23,000 cases of constipation and accounted for the effect of drugs to treat high blood pressure, which can lead to constipation.

People with constipation (identified through medical records or via a questionnaire) were twice as likely to have a heart attack, stroke or heart failure as those without constipation.

The researchers found a strong link between high blood pressure and constipation. Individuals with hypertension who were also constipated had a 34% increased risk of a major heart event compared to those with just hypertension.

The study only looked at the data from people of European ancestry. However, there is good reason to believe the link between constipation and heart attacks applies to other populations.

A Japanese study looked at more than 45,000 men and women in the general population. It found people passing a bowel motion once every two to three days had a higher risk of dying from heart disease compared with ones who passed at least one bowel motion a day.

How might constipation cause a heart attack?

Chronic constipation can lead to straining when passing a stool. This can result in laboured breathing and can lead to a rise in blood pressure.

In one Japanese study including ten elderly people, blood pressure was high just before passing a bowel motion and continued to rise during the bowel motion. This increase in blood pressure lasted for an hour afterwards, a pattern not seen in younger Japanese people.

One theory is that older people have stiffer blood vessels due to atherosclerosis (thickening or hardening of the arteries caused by a build-up of plaque) and other age-related changes. So their high blood pressure can persist for some time after straining. But the blood pressure of younger people returns quickly to normal as they have more elastic blood vessels.

As blood pressure rises, the risk of heart disease increases. The risk of developing heart disease doubles when systolic blood pressure (the top number in your blood pressure reading) rises permanently by 20 mmHg (millimetres of mercury, a standard measure of blood pressure).

The systolic blood pressure rise with straining in passing a stool has been reported to be as high as 70 mmgHg. This rise is only temporary but with persistent straining in chronic constipation this could lead to an increased risk of heart attacks.

Some people with chronic constipation may have an impaired function of their vagus nerve, which controls various bodily functions, including digestion, heart rate and breathing.

This impaired function can result in abnormalities of heart rate and over-activation of the flight-fight response. This can, in turn, lead to elevated blood pressure.

Another intriguing avenue of research examines the imbalance in gut bacteria in people with constipation.

This imbalance, known as dysbiosis, can result in microbes and other substances leaking through the gut barrier into the bloodstream and triggering an immune response. This, in turn, can lead to low-grade inflammation in the blood circulation and arteries becoming stiffer, increasing the risk of a heart attack.

This latest study also explored genetic links between constipation and heart disease. The researchers found shared genetic factors that underlie both constipation and heart disease.

What can we do about this?

Constipation affects around 19% of the global population aged 60 and older. So there is a substantial portion of the population at an increased risk of heart disease due to their bowel health.

Managing chronic constipation through dietary changes (particularly increased dietary fibre), increased physical activity, ensuring adequate hydration and using medications, if necessary, are all important ways to help improve bowel function and reduce the risk of heart disease.

(By Vincent Ho, Western Sydney University, The Conversation)

Your Connect

personal

CHANGE OF NAME

I, BALVEER SINGH JAITAWAT, S/o TEJ SINGH R/o 250 Doddaalahalli Village and post Uyyamballi Hobali Kanakapura Alahalli Ramanagar Karnataka -562117. I have changed my name to BALVEER SINGH vide affidavit dated: 20/08/2024 Before Notary B M Chandrashekar Bangalore.

I,ANJU Merin John W/O, Sunish Jacob John R/o No. 745, Logos Street, R S Palya, Maruthi Sevanagar Post, Bengaluru - 560033 have changed my name to Anju Merin Jacob,vide affidavit dtd:21/08/2024 sworn before notary K.VENKATESHAN, Bengaluru

I, Mohamed Chand Pasha S/O, Late Gulab Mohammed R/o #351, Lohith Nagra, Nelama - ngala Taluk, Nelamangala, Bangalore Rural 562123 have changed my name to Chand Pasha for all purposes.

I, RASHMI PRADEEP KULKARNI, Residing at No. 352, Samruddhi, 8th Cross, Pavamananagar, Kembathalli Main Road, Gottigere, Bangalore-560083, Have changed my name to RASHMI KULKARNI vide affidavit dated 21/08/2024 sworn before Notary Hegde Ganapati Venkatraman Bangalore

I Varun Gutte Nataraj S/O, Nataraja Gutte Honnappa R/o Jeeva Sannidhi 21, 1st Floor, 2nd Main, 2nd Cross, Smv Layout, Virupakshapura, Vidyaranyapura, Bengaluru 560097. have changed my name to Varun Kumar Gutte Nataraja.

I Archishman Durbha S/o Ajit Kiran Durbha R/o F-103,156,Nishant manor,8th Main,malleshwaram,Bengaluru have changed my name from Archishman Kiran to Archishman Durbha for all future purposes

I, Shivashankar Mendegar s/o Hanamant R/o Prestige Lake Ridge Apt Flat No 1084 8th Flr T-01 Turahalli Rd Subramanyapura Post B'luru-560061 have changed my name to Shivashankar Hanamant Mendegar for all Purposes.

I Shruthi Rohit Kumar Tamboli W/o Rohit Kumar Tamboli R/o 1747/45, 6th Main , 8th A Cross, Rpc Layout Vijay - anagar 2nd Stage Bangalore 560040 have changed my name to Shruthi V for all purposes.

I, K.BANUMATHI W/o K.Kaliyappa aged about 42 Years, R/at No.28, 21st Cross, 5th Main Rajiv Gandhi Nagar, HSR Layout, 7th Sector, Bommanahalli, Bengaluru-560068 have changed my name to ZARINA W/o KAJAMADEEN vide affidavit dated: 13/8/2024 Before Notary G.Dayananda Bangalore.

I, Kamaarunisa Begum Hajee Noorullah W/o Mohammed Rahamatulla Thayub R/o #140 A Block 11th Cross Ibrahim Saheb Street B'lore-560045 have changed my name to H N Kamarunnisa Begum .

I, Kanchan Singh R/o Flat.5031, Prestige Shantiniketan, ITPL Main Road, Whitefield, B'luru 560048 have changed my name to Kanchan Sharma Affidavit Dt.21/08/2024 notary Harisha G, B'luru

I, Ragini Harish w/o Harish Venkatadasappa Srinivas R/o No 1288, 24th Cross, 30th Main Banashankari 2nd stage B'luru-560070 have changed my name to Ragini K B for all Purposes.

I Vaishnav A S/O, Arunkumar G R/o Namratha Vishnu Nilaya Tekal Road, Near Agro Office, P C Extension, Kolar. have changed my name to Vikram Sharma A.

I, PRAVEEN TAJ W/o Dastageer R/at No.1117, 1st Cross, Bhovi Colony, Kodi Comp, Chikkamagalur- 577228 have changed my name to PARVEEN TAJ vide affidavit dated: 21/8/2024 Before Notary Deepa. M Bangalore.

I, Rohit Kumar Tamboli R/o 1747/45, 6th Main 8th A Cross, Rpc Layout Vijayanagar 2nd Stage Bangalore 560040 have changed my minor daughter's name from Arohi R Tamboli to Aarohi R Tamboli for all purposes.

I, Archana Pandurang Naik, D/o Pandurang Naik, R/o Kaikini Road Karwar- 581301. I have changed my name to Chandrika Pandurang Naik vide affidavit dated: 22/06/2024 Before Notary B M Chandrashekar Bangalore.

I, Sandeesh Surendranath S/o, R. Surendranath R@, No. 65, J P Road, Double Road, Girinagar 1st Phase, BSK 3rd Stage, B'luru-560085 have changed my name to S. Sandesh for all purposes.

I, SHANTANU, S/o BRIJ PAL SINGH R/o NO 902, 9th Floor A Block Plama Heights, Hennur Mall Road Bangalore - 560043. I have changed my name to SHANTANU SINGH vide affidavit dated: 20/08/2024 Before Notary B M Chandrashekar Bangalore.

I Gowhar Banu Syed Jaleel W/O, Mohammed Imran Khan R/o No 508 6th Main Road 1st Stage H B R Layout 5th Block Kalyananagar Bengaluru - 560043 have changed my name to Gowhar Banu.

I, Syed Rashid Also Known As Shafiaq S/o Syed Abbas R/o No:- 14 South Street Neelasandra Bangalore 560047 have changed my name to Syed Rasheed For All Purposes

I, Venkatesh Prabhu Kota, R/o C2148, ASSETZ 63 DEGREE EAST, KODATHI VILLAGE, BENGALURU, KARNATAKA, 560035 have changed my name to Venkatesh Prabhu.

I, Padma w/o Krishna R/o No 20 2nd street Broadway Road Shivajinagar Bluru-560051 have changed my name to Padma Ramachander for all purposes

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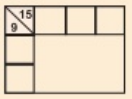
SOLVE IT IN A MINUTE

The faces of each of two fair dice are numbered 1, 2, 3, 5, 7, and 8. When the two dice are tossed, what is the probability that their sum will be an even number?

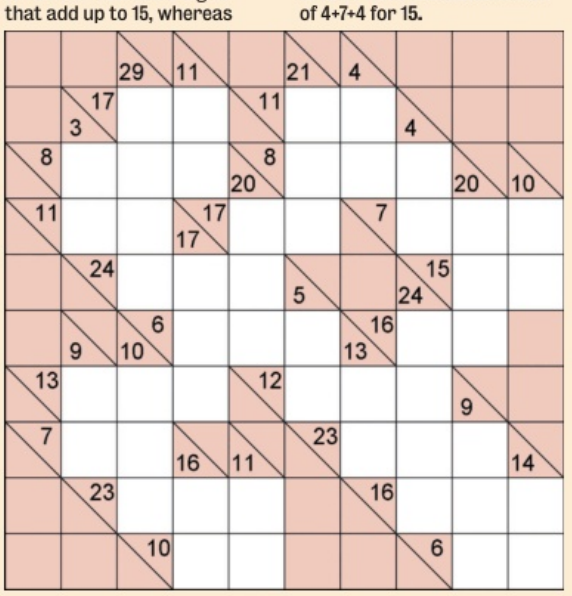
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas



for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



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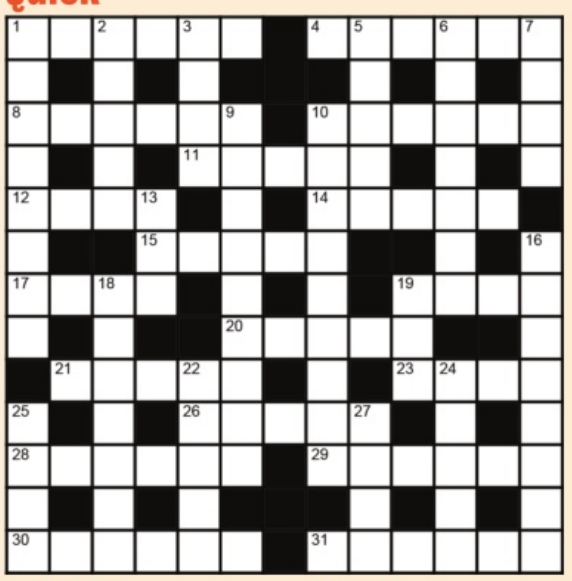


ACROSS

1 Response (6)
4 Tiny spots (6)
8 Dissertation (6)
10 Jolly (6)
11 24 ___ gold : pure gold? (5)
12 Gratuities (4)
14 Of tender years (5)
15 Stretchy synthetic fabric (5)
17 Tax on goods (4)
19 Inquires of (4)
20 Flight of steps (5)
21 Hinge (5)
23 Salad dressing (4)
26 Indian lute (5)
28 12 constellations (6)
29 Go backwards or throw back (6)
30 Come what may (6)
31 Says or pronounces (6)

DOWN

1 Particular skill (8)
2 Precipitous (5)
3 Large scale (4)
5 Snapshot (5)
6 Customers (7)
7 Type of food fish (4)
9 Bitterly ironic (9)
10 Area home to the City Central Library (9)
13 Wily and cunning (3)
16 Surprises or astonishes (8)
18 Trifling, trivial (7)
19 Prepare for war (3)
22 City in Japan (5)
24 Treat badly (5)
25 Poetic Pound (4)
27 Payment for hiring (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: X EQUALS O

SX OXP IU UEIDHHDMMUS IT TXBH QDWGBHUM, GUDHO QHXE PCUE DOS MPDHP DFDWO.

Linemaro

Was your dad king? He must have been, because you are a princess

Mindchow

I may not have gone where I intended to go, but I think I have ended up where I needed to be

Joke of the day

My husband wanted me to dress up as a nurse tonight to fulfill his fantasy... that we have health insurance

Loop

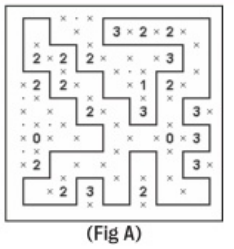
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

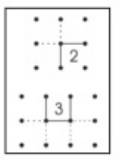
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

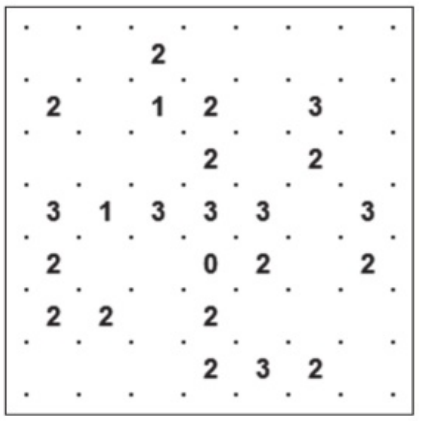
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



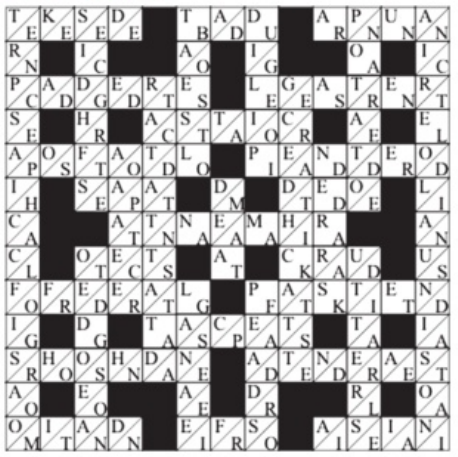
(Fig A)



(Fig B) Not Allowed



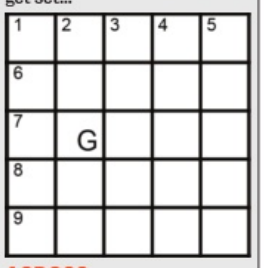
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 As she; 6 Paler; 7 I logo; 8 No ade; 9 Neons

DOWN

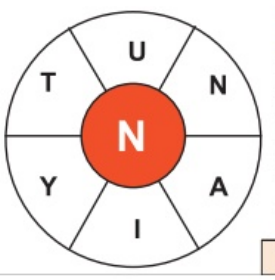
1 A pain; 2 Gen so; 3 Lohan; 4 Do ere; 5 Loses

Mensapuzzle

Solve this rebus:

M
I
GHT

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

04 Average; 05 Good; 07 Outstanding

SudokuChallenge

				5				
		5	1	3	4	7		
	6		7		2		4	
	5	2				8	9	
9		1				6		2
	3	7				1	5	
	2		8		7		6	
		6	5	1	3	9		
				9				

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

Easy = 9
2 6 8 9

Medium = 6
1 4 5 6

Hard = 15
1 4 6 2

Hocusfocus

Find at least six differences in details between panels.

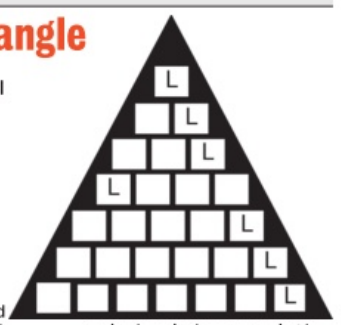
Differences: 1. Bottom of skirt is different. 2. Arm is moved. 3. Collar is different. 4. Button is added to shirt. 5. Chair rung is moved. 6. Foot is moved.

Riddler

Around the corner there is a tree. Under the tree there is a school. In the school there is a desk. Behind the desk there is a bell. Behind the desk is a teacher. What is her name?

Alpha triangle

1 The 12th letter
2 Aluminium symbol
3 Buddy
4 A Scandinavian
5 Vatican-related
6 Entreaty
7 Garb

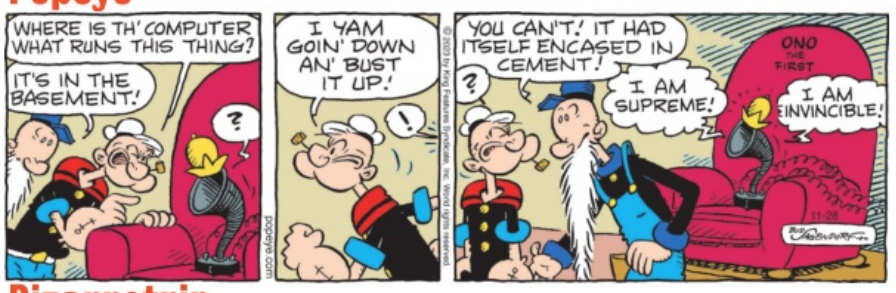


Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

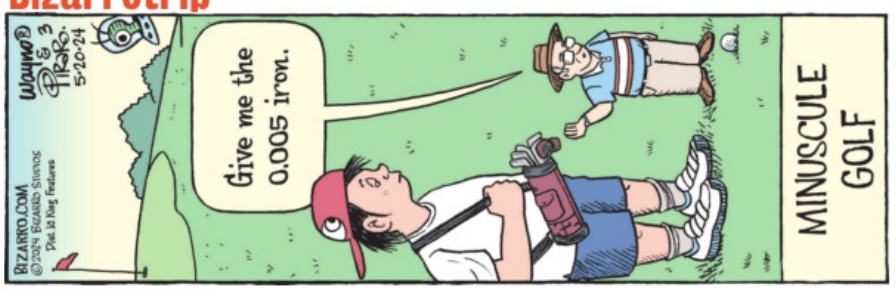
DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Popeye



Bizarrotrip

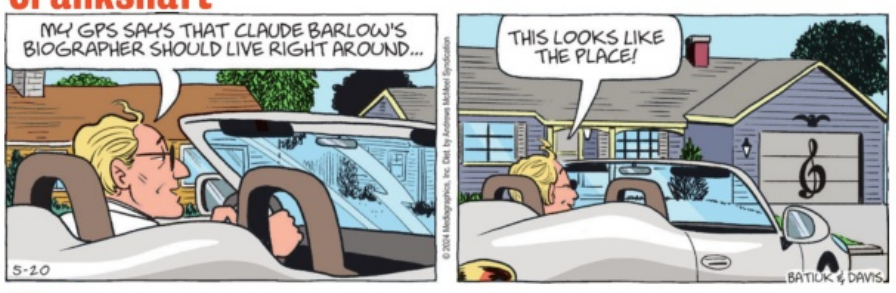


Diamond Lil

Hart of the city

CHARLOTTE! THE THEATER ISN'T BANKRUPT! THERE'LL BE MORE PLAYS!
AMAZING! AND ALL DUE TO OUR HARD WORK ON THE PLAY!
NO, THE THEATER WAS NEVER BANKRUPT. IT WAS JUST A RUMOR!
REALLY?
OH, I HAVEN'T UPDATED THE RUMOR MILL APP!

Crankshaft



Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today, you are blessed by the moon. You may do better in terms of your professional life. Your friends and subordinate staff may support you. Investments in gems and jewellery are likely to yield positive gains in the near future. Love would be in the air in terms of personal life. Singles may find a suitable match. You are advised to be careful about your elders' health.

Taurus Apr 21 – May 20
Today, you may be happy. You may have some sort of energy, which may increase your prestige among people around you. You may spend your time studying intellectual stuff. You may also plan for some higher studies to grow your career. Students may hear good news in competitive examinations.

Gemini May 21 – Jun 21
Today, at the start of the day, may be a dull day. From late evening onwards, you may control negativity. New people may connect with you on the work front. With their help, you may try to revamp your business plans. It is advised to read all the documents carefully before submitting your signature.

Cancer Jun 22 – July 23
Today, with the help of blessings, you may control your indecisiveness. Your colleagues may be supportive of your work, which will translate into success in terms of the projects. You may expect to get some incentives with the salary. Kids health may be better now. Natives related to dairy, water projects, grains, homemaker art, and culture may do well.

Leo Jul 24 – Aug 23
Today, you may be busy with family get-togethers and social events. You may become polite with the people around you, which may increase your prestige among them. You may spend money on buying some artefacts or household items, which may improve your social status. You may also likely hear some good news from one of your relatives.

Virgo Aug 24 – Sep 23
Today, you are blessed by the moon; you may be happy, and you may feel healthy, which may reflect in your way of working. You may perform well in all areas of your life, which may improve your prestige. Your concentration may be very good today, but you may have to make some difficult decisions in your business in terms of growth.

Libra Sep 24 – Oct 22
Today, your vital power may slow down, and your old disease may reappear, which may make you upset. You are advised to avoid adventure tours, rush-hour driving, and any type of ligation; you may settle it out of the jury. Try to avoid making arguments about worthless topics. You may also plan an overseas tour soon.

Scorpio Oct 23 – Nov 22
Today, you may start your day with happiness. At work, you may take quick decisions, which may increase your management skills and have benefits in the near future. You may expect some new source of income, which may boost your savings. With the help of your business partner, you may invest some capital in the business. Your bonding with your spouse may increase, which may result in harmony in domestic life.

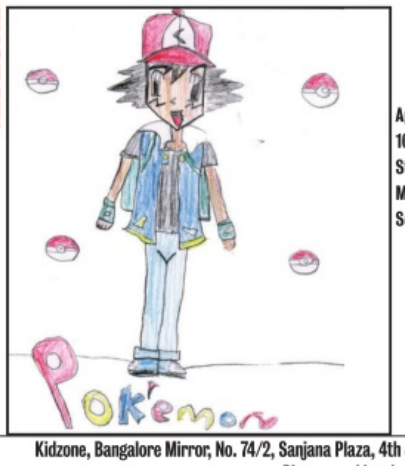
Sagittarius Nov 23 – Dec 22
Today, you may be busy on the job front, which may make you tired, so you may not be able to spend proper time at family get-togethers. You may be able to create some overseas networks as well. You should be careful in terms of investments. Natives in the job may get promoted.

Capricorn Dec 23 – Jan 20
Today, the situation is under control. It may be a good time to reinitiate your postponed projects. Your destiny is likely to be with you in terms of business gains. You may get some rewards for your hard work. You may expect peaceful religious travel. You may also plan to donate some amount to any religious place or to some charity.

Aquarius Jan 21 – Feb 19
Today, your moon is not in a good position, and you may have health issues. You may face losses in the business or in investments, so it is advised not to invest in business. Your gains will be converted into losses. So you are advised to stop making investments in worthless objects. You should avoid being involved in controversies; otherwise, it will pull you down negatively.

Pisces Feb 20 – Mar 20
You are blessed by the moon today; you may expect to hear some good news in terms of your profession. Domestic life is likely to be full of joy. You are advised to avoid making arguments about worthless topics. Overexcitement may test your patience. You may make important decisions when making investments in real estate. Students will be focused on their studies.

KIDZONE



Apurvi Rai, 10 Years, Stella Marys School

Rohan Blazey, 9 Years, Clarence High School

Kidzone, Bangalore Mirror, No. 74/2, Sanjana Plaza, 4th & 5th Floor, Elephant Rock Road, Jayanagar 3rd block, Bengaluru-560 011;
Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
.1 2 3 5 7 8
1 2 3 4 6 8 9
2 3 4 5 7 9 10
3 4 5 6 8 10 11
5 6 7 8 9 10 12 13
7 8 9. 10 12. 14. 15
8 9 10 11 13 15 16
p=20/256
=5/9

BULL'S EYE
ANNUITY, aunt, tinny, tiny, tuna, unit, untty

FAST FIVE

N	O	N	E	S
A	N	O	D	E
I	G	L	O	O
P	E	A	R	L
A	S	H	E	S

STRIKE OUT

E	K	E	D	B	A	D	A	P	N	A	C			
N		I		A		I		A		P		C		
C	A	G	E	R	S		L	E	A	R	N	T		
N		I		A		I		A		P		C		
E	H		A	S	T	I	R		A		E			
P	O	T	A	T	O		P	A	D	D	E	D		
H		S	P	A		M		D	E		E		I	
A		N	A	N	A	E	M	I	A		N			
L	O	C	T		T		C	R	U			U		
O	R	D	E	A	L		F	A	S	T	E	N		
G		D		T	A	C	E	T		T		I		
R	O	S	H	A	N		A	E	N	E	A	S		
E	K	E	D	B	A	D	A	P	N	A	C			

QUICK

A	N	Y	W	A	Y		U	T	T	E	R	S		
R		K		A		R		N		S		D		
Z	O	D	I	A	C		R	E	T	U	R	N		
E		D		S	I	T	A	R		B		U		
P	I	V	O	T		G	M	A	V	O				
E	W			S	T	A	I	R		T				
D	U	T	Y		A	N		A	S	K	S			
U		L	Y	C	R	A			T		A			
T	I	P	S		R		Y	O	U	N	G			
I		E	C	A	R	A	T		E		E			
T	H	E	I	S		J	O	V	I	A	L			
P		T		P		H		L		O				
A	N	S	W	E	R		S	P	E	C	K	S		

RIDDLER
Isabel.....the name on line #4

QUOTE UNCODE
Do not be embarrassed by your failures, learn from them and start again.

MENSA PUZZLE
might-makes-right

3	1	8	2	9	6	4	7	5
7	4	6	5	1	3	9	2	8
5	2	9	8	4	7	3	6	1
6	3	7	9	2	8	1	5	4
9	8	1	4	7	5	6	3	2
4	5	2	3	6	1	8	9	7
1	6	3	7	8	2	5	4	9
2	9	5	1	3	4	7	8	6
8	7	4	6	5	9	2	1	3

SUDOKU

ALPHA TRIANGLE
L, Al, Pal, Lapp, Papal, Appeal, Apparel.

GO FIGURE
Easy
8 – 2 + 9 – 6 = 9
Medium
6 + 4 – 5 + 1 = 6
Hard
6 – 2 x 4 – 1 = 15

LOOP

KAKURO

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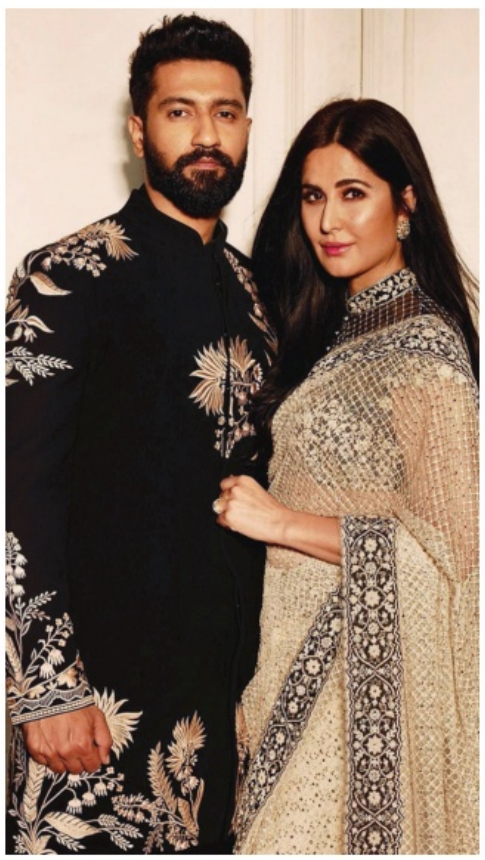
DOUBLE ROLE

Katrina reveals challenges of managing acting career with business



Katrina Kaif has been juggling her successful acting career with her entrepreneurial venture in the beauty industry. In a recent interview, she shared how passionate she is about growing her makeup brand. Despite her busy schedule, she often finds herself deeply involved in her business, sometimes to the point where her husband, Vicky Kaushal, has to remind her to put her phone away during meals.

In her conversation with the Economic Times, Katrina Kaif opened up about the challenges and rewards of balancing her dual roles as an actor and an entrepreneur. She expressed that while managing both her acting career and her makeup brand is incredibly fulfilling, it can also be quite demanding. Katrina mentioned that her husband, Vicky Kaushal, sometimes has to remind her to set aside her phone and focus on eating during meals, underscoring the intensity of her commitment to her work.

Katrina said that there are times when her husband, Vicky Kaushal, tells her to put down the phone at the dinner table, but she often has just one last thing to do for a key launch. He understands that this dedication comes from extreme passion.

On the work front, Katrina was recently seen in the film 'Merry Christmas', while Vicky Kaushal's latest release, the romantic-comedy 'Bad Newz', performed moderately well at the box office.

— ETimes

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Caste shadow

Theater artist Avinash Vijayakumar debuted as an independent director and producer in Sandalwood with the film My Hero that is based on a real incident that took place in North Karnataka. The movie is scheduled for release on August 30. Its trailer was unveiled at Renukamba Preview Theatre. Ankita Amar, a well-known actress of the small screen, plays a girl from Madhya Pradesh while Prakash Belawadi plays a Deputy Commissioner and Dattanna plays a priest in the film, which has music by Gagan Baderia.

Vijayakumar said his mother had bankrolled the movie Chilipili Hakkigalu in 2009. "Now, I bankrolled and directed My Hero under the AV Studios banner. The concept of the movie is about atrocities on the downtrodden in society. A real incident that took place in North Karnataka inspired me to write the script for this movie that will focus on the caste system which is still prevalent," said Vijayakumar.

He said the movie will be released in Kannada and English.

Mix of subplots

The teaser of Rudra Garuda Purana was unveiled by Karunada Chakravarthy Dr Shivarajkumar. He appreciated it and wished all the best to the cast and crew of the movie, directed by Nandish and bankrolled by Ashwini Lohit under the Ashwini Arts banner. Rishi and Priyanka Kumar are the lead pair.

According to Nandish, two subplots – one is about a missing aircraft and another one about a war declared by a greedy king – are the motivation for him to write the script for this movie.

Rishi plays a police officer in the movie. "I agreed to act in this movie because of the director and producer. I am very happy to be part of this team. I thank Dr Shivarajkumar for releasing the movie's teaser despite his busy schedule. It is the second time I am playing a police officer after Kavaludaari," said Rishi.

Actress Priyanka Kumar said Rudra Garuda Purana is her second movie in Sandalwood. "I was a little bit nervous on the first day of the shooting because Rishi is an established actor in Sandalwood. I thought Rishi would get angry if I took too many takes during the shooting but it was easy for me to act with him. He is a down to earth person and cooperative ," she said.

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Slip-ins
SKECHERS
GOWALK 7
Amanda Kloots
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Introducing new Skechers Hands Free Slip-ins®. Putting on your shoes has never been easier. No bending over. No pulling them on. Just step in and go.
Exclusive Heel Pillow™ holds your foot securely in place!
Just Step In and Go.
No Touching Shoes.
No Bending Over.
SKECHERS® Apparel Designed For Your Active Lifestyle
NO MORE BENDING
MACHINE WASHABLE
NEVER HAVE TO TOUCH YOUR SHOES AGAIN™
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